Puro WELLNESS

By

SEASKIN LIFE

Mediterranean Modern Wellness

From 10:00 to 19:00

info@purobeachresort.com
Tel. +34 971 388 573

Treatment Menu

Nourish your holistic wellness and let your inner light shine with strength and balance.

The #puroexperience unites with SeaSkin Life on a wellness journey that combines movement, mindfulness, and Mediterranean rituals. Through organic skincare, conscious luxury and nature-inspired treatments, we invite you to reconnect with your inner self while embracing the island's essence. A sensory escape where wellness is both a lifestyle and a state of mind.

Four-hand massage

60min 180

An exclusive treatment performed by two therapists working in perfect synchrony, providing deep relaxation and a profound sense of overall well-being. Ideal for releasing tension and promoting balance between body and mind.

California Relax

60min 120 75min 140

A profoundly relaxing and harmonising massage that encourages the connection between body, mind and spirit. We recommend our exclusive blend of organic SeaSkin almond oil with lavender and lemongrass, known for their anti-inflammatory and uplifting properties.

Aromatherapy Massage

60min 125 75min 145

A gentle, enveloping massage experience that combines soothing hand techniques with aromatic essential oils, creating a state of deep relaxation and sensory awakening.

Deep Tissue Massage

45min 105 60min 135

An intense, therapeutic massage designed to release deep muscle tension. It incorporates slow, concentrated pressure targeting the deeper muscle layers and connective tissues. Optionally combinable with percussion massage technology to enhance recovery.

Personalised Couple's Massage

45min 155 60min 225 75min 255

A tailor-made massage experience for two. The pressure level is determined at the beginning of the session. It can vary from the gentle flow of a relaxing massage, to the deeper intensity of a therapeutic touch.

Shiatsu Massage

60min 120 75min 135

Inspired by ancient oriental techniques and the balance of the five elements of nature, this treatment works on the energy channels to restore emotional, physical and mental well-being.

Treatment Menu

Nourishing holistic wellness for a luminous and healthy inner glow

BODY TREATMENTS

Mediterranean Detox Ritual
80min 170

A sensory journey that begins with a delicate geranium mist to calm the mind and prepare the senses. It continues with an exfoliation using natural salts from Menorca, followed by a circulatory massage with sweet almond oil from the island of Menorca, leaving the skin soft and radiant. The treatment concludes with an express facial for luminosity.

Radiant Glow Beauty Ritual
90min 220

Starts with a Mallorcan almond, lavender, grape seed and rosewood body exfoliation, followed by a clay wrap, a sensory massage with Tibetan singing bowls, and a personalised facial massage.

After Sun with Aloe Vera Repair Ritual
90min 209

A ritual for sensitive skin that includes a refreshing foot massage with peppermint oil, a gentle exfoliation, a clay wrap, a soothing massage and a mini facial treatment.

FACIAL TREATMENTS

Soothing and Renewing After-Sun with Aloe Vera
60min 150

Specifically designed for irritated and sensitive skin after sun exposure, this treatment deeply soothes, moisturises and repairs. We use the Gua-sha technique to reduce inflammation, improve microcirculation and relieve tightness, resulting in skin that is more balanced and comfortable.

Facial Regeneration
60min 150

Anti-wrinkle treatment with a smoothing effect that allows the skin to regain its firmness and pleasant texture. Enjoy a vibrating facial massage with a tuning fork to activate the vitality of your cells.

Moisturising Energy
60min 150

For dull skin, we combine a stimulating massage technique with the use of facial suction cups, which activate circulation, promote lymphatic drainage and deeply oxygenate the skin.

Sensory Experiences

Activation of the senses for deep well-being.

Exclusive wellness experiences for guests

THE ULTIMATE OASIS EXPERIENCE - Personalised

Exclusive package for guests of the Oasis del Mar Suite

With a stay of 5 nights or more in the Oasis del Mar Suite, we offer tailor-made wellness packages tailored to the client's needs, including wellness and fitness activities. This exclusive package will be personalised by our wellness manager.

YOUR OWN RETREAT - 3, 5 or 7 days

Holistic wellness packages

Complete wellness packages including body and facial treatments, fitness sessions and a SeaSkin product, designed to offer deep restoration.

"Elemental Reset" - 3-day anti-stress programme

Price per person 299

A grounding experience to balance body and mind and recharge energy.

· Two 60-minute massages and a 60-minute functional training session.
· Complimentary SeaSkin facial mist (40 ml).
· Access to the wellness area (subject to availability).
· Personalised attention with a specialised wellness instructor.

"Vital Flow" - 5-day fitness programme

Price per person 499

For those seeking movement, strength and balance

· A 90-minute ritual, a 60-minute facial, a 30-minute massage and two 60-minute CrossFit sessions in our outdoor gym.
· Complimentary SeaSkin facial mist (40 ml).
· Access to the wellness area (subject to availability).
· Personalised attention with a specialised wellness instructor.

"Island Glow" - 7-Day Glow Programme

Price per person 749

A complete renewal ritual inspired by Mallorca's radiant energy

Includes:
· Two 90-minute rituals, three 60-minute massages and a 120-minute CrossFit session in our outdoor gym.
· Complimentary SeaSkin facial mist (40 ml).
· Access to the wellness area (subject to availability).

The Power of Movement

Moving, breathing, full of energy: feel the island's rhythm

Bike tours - Exploration and freedom

Bike hire service: 08:00 - 20:00.
E-bike - 3 hours €20 / Full day €30.
Regular bike: 3 hours €13 / Full day €18.

HEALTH AND SAFETY

To ensure a serene experience for all, please do not bring glasses, containers or food into the wellness area, changing rooms or treatment areas. Smoking is not permitted in any part of the wellness area. For the convenience of all our guests, pets are not allowed. Children under 16 years of age may only access treatments when accompanied by an adult. If you are pregnant, please let our team know so that we can attend to you as best as possible.

TREATMENTS

Please arrive 15 minutes before your appointment so that you have time to fill in a short questionnaire and begin your experience in a relaxed manner. If you are running late, we will do our best to attend you, but please note that your treatment time may be reduced and the full fee will still apply.

CANCELLATION POLICY

Out of respect for our team and other guests, cancellations made with less than 12 hours' notice will be charged in full. Thank you for your understanding.

CHILDREN UNDER THE AGE OF 16 ARE NOT ALLOWED TO ACCESS PURO WELLNESS



SEASKIN LIFE

Mediterranean Modern Wellness